

SEK Heat & Air's HVAC Q&A

By Chris Cotter, General Manager – Adapted from articles published in the SEK Q&A Times

Question:

How can I keep my home heating bill down?

Answer:

One of the best ways to keep your heating bills down is to be sure that your heating system is running efficiently. According to energystar.gov, As much as half of the energy used in your home goes to heating and cooling. So maintaining your home's heating, ventilating, and air conditioning (HVAC) system can have a big effect on your utility bills, and your comfort.

An annual heating system "clean & check" tune-up is one of the best home maintenance investments you can make. Proper maintenance can extend the life of your system up to ten years and make it run much more efficiently, **lowering your monthly bills**. HVAC professionals can thoroughly clean and inspect your system for a relatively low cost.

One of the best do-it-yourself home heating projects homeowners should regularly perform is **changing the filters** in the furnace. A clean filter helps the system run efficiently, saving you money.

In saving money, consider the over-all energy efficiency of your home and the places you may be losing your heat. If your **windows** are older, consider upgrading to products that are more efficient or using storm windows. Also, Examine whether or not you need additional **insulation in your attic**. These kinds of upgrades will help your heating system's efficiency.